Fatima Zahra Imamia Centre
80 Downs Street, North Ipswich QLD 4305

DUA · SUPPLICATIONS AFTER NAMAZ

Prostration of Thanks

سجدۂ شکر

It is highly recommended to perform Thanksgiving Prostration after the obligatory namaz. Too many are the duas and zikrs that may be said during the Thanksgiving Prostration. In this connection, Imam Ali ibn Musa ar-Reza (a) is reported to have said that one may repeat 100 times one of the following words during the Thanksgiving Prostrations...

امام علی رضاؑ فرماتے ہیں: سجدۂ شکر میں چاہیں تو سومرتبہ شُکْرًا شُکْرًا یا سومرتبہ کہیں۔۔۔

شُکْرًا شُکْرًا۔

SHUKRAN SHUKRAA.

Thanks, thanks.

شکر ہے، شکر ہے۔

عَفْوًا عَفْوًا۔

'AFWAN 'AFWAA.

Pardon, pardon.

بخش دے، بخش دے۔

Imam Reza (a) is also reported to have said: to repeat 3 times while in Sajdah...

حضرتؑ سے یہ بھی منقول ہے کہ سجدۂ شکر میں کم سے کم تین مرتبہ کہیں۔۔۔

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شُکْرًا لِلّٰہِ۔

SHUKRAN LILLAAH.

Thanks to Allah.

شکر ہے خدا کے لیے۔

> Recite Thanking Allah in Prostration Yaa Rabbe Wa A'z-tanee Fa-lam (https://fzic.org/library/dua/thanking-allah-in-prostration-1-2098).
>
> سجدۂ شکر کی دعا یَا رَبِّ وَ عَظَّمَنِیْ فَلَمْ (https://fzic.org/library/dua/thanking-allah-in-prostration-1-2098)۔ پڑھے۔

> Recite Thanking Allah in Prostration Yaa Man Laa Yazeedo-hu il-haaho (https://fzic.org/library/dua/thanking-allah-in-prostration-2-2099).
>
> سجدۂ شکر کی دعا یَا مَنْ لَّا یَزِیْدُہُ اِلْحَاحُ (https://fzic.org/library/dua/thanking-allah-in-prostration-2-2099) پڑھے۔

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