Fatima Zahra Imamia Centre
80 Downs Street, North Ipswich QLD 4305

NAMAZ · NAMAZ OF FORGIVENESS

Namaz of Forgiveness-2

نمازِ استغفار-۲

PLEASE NOTE: Be it clear that the reason for presenting Translation is to understand Salaat and to recite in Arabic with concentration because reciting Salaat in other than Arabic language (or Transliteration) is not correct.

> The Messenger of Allah (s) said: If your sustenance reduces and you have difficulties in your affairs you must remove them by asking your needs from the Almighty with the help of Namaz and Isteghfar. Namaz-e-Isteghfar is 2 rakats, in each rakat after Surah Fateha (https://fzic.org/library/quran/1-fateha-7-1074) recite Surah Qadr (https://fzic.org/library/quran/97-qadr-5-1170) once and then say “Rabbe afwoka afwoka” 15 times. Then go in ruku and after the recitation of the ruku say “Rabbe afwoka afwoka” 10 times. Rise up from the ruku and again say it 10 times. Go into the 1st Sajdah and after the recitation of the Sajdah say “Rabbe afwoka afwoka” 10 times. Arise from the 1st Sajdah and again say “Rabbe afwoka afwoka” 10 times. Go into the 2nd Sajdah and repeat like the 1st Sajdah. Get up from the 2nd Sajdah and say “Rabbe afwoka afwoka” 10 times. Then recite Tashahud, salaam and complete the namaz. Insha Allah everything would be all right.

> یہ ۲ رکعتی نماز ہے کہ ہر رکعت میں سورۂ فاتحہ (https://fzic.org/library/quran/1-fateha-7-1074) کے بعد سورۂ قدر (https://fzic.org/library/quran/97-qadr-5-1170) پڑھے اور بعد میں ۱۵ مرتبہ ربِّ عَفْوُکَ عَفْوُکَ کہے پھر رکوع میں جا کر ۱۰ مرتبہ ربِّ عَفْوُکَ عَفْوُکَ کہے رکوع سے سر اٹھا کر بھی ۱۰ مرتبہ یہی کہے سجدے میں جا کر ۱۰ مرتبہ، سجدے سے سر اٹھانے کے بعد ۱۰ مرتبہ دوسرے سجدے میں ۱۰ مرتبہ اور سجدے سے سر اٹھانے کے بعد ۱۰ مرتبہ یہی کہے پھر دوسری رکعت کو بھی اسی طرح ادا کرے۔ یہ نماز وسعتِ رزق کے لئے بھی مفید ہے انشاء اللہ۔

رَبِّ عَفْوُکَ عَفْوُکَ۔

RBBI 'AFWUKA 'AFWUK.

O Lord! Forgive me forgive me.

اے رب بخش دے بخش دے۔

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